Woodchurch CE Primary School

PSHE/RHSE Medium Term Plan 22-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	How can we look after each other and the World?	Who is special to us?	What helps us to stay safe?	What helps us to stay healthy?	What can we do with money?
Year 2	What makes a good friend?	What is bullying?	How can we grow and stay healthy?	What helps us to stay safe?	How do we recognise our feelings when we are growing and changing?	What jobs do people do?
Year 3	How can we be a good friend?	What makes a community?	What are families like?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What keeps us safe?
Year 4	What strengths, skills and interest do we have?	How can our choices make a difference to others and the environment?	How do we treat others with respect?	How can we manage our feelings?	What decisions can people make with money?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	How can friends communicate safely?	How can drugs common to everyday life affect health?	How can we help in an accident or emergency?	How will we grow and change?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	