



# Physical Education Long Term Plan 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F2	Fine motor skills	Gymnastics – rocking and rolls	Object manipulation	Dance – the season	Invasion Game Skills 1	Athletics 1
Year 1	Yoga	Gymnastics – balance and spinning	Fundamental movement skills 2.	Net & Wall Game Skills 1	Athletics 2	Dance - Under the sea.
Year 2	Gymnastics - pathways	Fire of London	Invasion games 2	Pirates – dance	Striking and fielding game skills 1	Athletics 2
Year 3	Netball	Gymnastics - linking movement	Athletics	Tag Rugby	tennis	Roman dance
Year 4	Netball	Gymnastics - arching and bridging.	Dance – Egyptians	Tag rugby	athletics	Rounders
Year 5	Netball	Health related fitness	Tag rugby	Team building	Tennis	Athletics

# Physical Education Long Term Plan 2023-2024

Year 6	Netball	Dance – British values	Tag rugby	Dance – WW2	Athletics	Rounders
-----------	---------	---------------------------	-----------	-------------	-----------	----------